

Additional Services

INFORMATION AND REFERRAL

Telephone or one-to-one confidential assistance for military members and their families focused on connecting them with information and resources needed to support wellness and resolve problems.

DISCOVERY RESOURCE CENTER

Computers, fax machine, copy machines & a scanner available for service members & their families.

FINANCIAL COUNSELING

Information, education & personal counseling to help maintain financial readiness, stability & achieve financial goals.

AIR FORCE AID SOCIETY (AFAS)

As the official charity of the Air Force, this airman-helping-airman program provides a safety net when families are facing financial emergencies by offering no interest loans.

KUDOS

Kids Understanding Deployment Ops event held annually where children experience fun activities representing what their parents do to prepare for deployment. Open to all military children whether their parent has deployed or not.

Partners/Additional Resources

MILITARY FAMILY LIFE CONSULTANTS

Licensed clinical providers for short-term, non-medical confidential counseling for individuals, couples, children and families. There is no charge for this service and no records are kept.

Adult: 501-941-6686 Youth: 501-351-4589

Family Child Care

The Deployment/Remote Assignment Child Care Support allows families 16 hours for pre-deployment, 16 hours each month of deployment, & 16 hours post deployment.

For more information:

Contact the LRAFB FCC at 501-987-3156

Local Links

www.facebook.com/LittleRockAFRC

www.rockinattherock.com

<https://www.littlerock.af.mil>

External Links

Military.com

Provides guides & info on finances, children, & more

www.militaryonesource.com

24/7 help, counseling, money matters, deployment

<https://militarykidsconnect.health.mil/>

Resource for military youth & their care takers

<https://sesamestreetformilitaryfamilies.org/>

For military children & to promote family resiliency

Updated Nov 2020

Deployment Support

SUCCESS

Airman & Family Readiness Center

Loading...

Airman and Family Readiness Center



940 Arnold Drive
Little Rock AFB, AR 72099
(501) 987-2667
Fax: 501-987-3764

Hours of Operation:

Mon, Wed, Thurs, Fri: 7:30am - 4:30pm
Tue: 7:30am—2 pm

DEPLOYMENT, REMOTE TOUR and EXTENDED TDY

The A&FRC is the focal point for personal & family readiness services, as well as serving as a consultant for leadership on family separation concerns during mobilization, deployments, remote tours, & extended TDY's.

Services include:

PRE-DEPLOYMENT, REMOTE, EXTENDED TDY

Briefing covers common personal & family readiness issues both single & married military members face before, during & after the deployment as well as the services & support available. Active duty are required to attend the briefing prior to departure & spouses are encouraged to attend on Wednesdays at 9 a.m.



Free plush animals available at briefing with 20-sec recorder for personal message.

REUNION/REINTEGRATION

This briefing addresses challenges Service Members and families face returning home from a deployment. Active duty are required to attend within 7 days of return and spouses are encouraged to attend before and/or after the deployment on Tuesdays and Thursdays at 1 p.m.

FREE HERO PILLOWCASES

E-mailed pictures or personalized messages are applied to pillowcases to provide a comfort item for families. Scan QR code to email.



CAR CARE BECAUSE WE CARE

This program allows a spouse whose active duty AF sponsor (includes Air Guard or AF Reserve activated under Title 10, USC) is deployed over 30 days to receive preventive maintenance (oil/filter change & lube) on the family's primary vehicle for FREE up to \$45.

Please bring orders to A&FRC front desk to receive a voucher to be used at the base Auto Hobby Shop.

QUARTERLY DEPLOYED FAMILY DINNER

A&FRC hosts a quarterly dinner for families of deployed, remote, and extended TDY Service Members. Support agencies provide information tables as families relax, socialize and enjoy a free meal. Families are encouraged to attend before, during and after the deployment to gain support throughout the whole cycle.

GIVE PARENTS A BREAK

In an effort to help families subject to unique stressors due to the nature of military life the AF Aid Society, in cooperation with the AF child care community, has agreed to provide funding for child care for active duty AF families. Voucher available for 4 hours of free child care one day per month.

DEPLOYMENT PHAMPLETS & BOOKLETS

For adults and children given on request.

