

# AIR FORCE FAMILIES FOREVER



*Air Force  
Families Forever*  
is a  
long-term aftercare  
program established  
to provide dedicated  
support for all Air  
Force families who  
have lost an  
Airman.

*"Grief is not a disorder,  
a disease or a sign of weakness.*

*It is an emotional, physical  
and spiritual necessity;  
the price you pay for love.*

*The only cure for grief  
is to grieve."*

*Earl Goleman*

---

United States Air Force  
Military & Family Readiness

Phone numbers  
Commercial: 501-987-2667  
DSN: 731-2667

Military & Family Readiness Center  
940 Arnold Drive  
Little Rock AFB, AR 72099

United States  
Air Force

---

AIR FORCE  
FAMILIES  
FOREVER

LRAFB, AR



*"Ensuring that the  
families of our fallen  
are never forgotten."*

**501-987-2667**

# AIR FORCE FAMILIES FOREVER

Located in Airman & Family Readiness Centers throughout the Air Force, *Air Force Families Forever* (AFFF) program staff are available to support family members who have lost an Airman. AFFF consultants assist



*Hope where you need it*

with a variety of matters that family members often find difficult to navigate throughout their grief journey.

The AFFF mission is to provide resources, support and information to help family members adapt to life without their loved one.

*Air Force Families Forever* takes a proactive approach in supporting families throughout the force, no matter where they are, with the level of support and assistance directly tied to the specific needs of the families they serve.

## How AFFF can help...

- Referrals for private & group counseling
  - Bereavement
  - Family
  - Child
- Sources for support in the local community
- National support networks
- AF Family Support Network and newsletters
- Books and literature to help with coping & bereavement
- Resources for pastoral care
- Referrals for help with Veteran's benefits & questions about entitlements

Peace  
*be with*  
you



Little Rock Air Force Base  
Military & Family  
Readiness Center

Air Force Families Forever  
Community Readiness Consultant:  
**JEFF WILSON**

**Phone Numbers:**

Commercial: 501-987-2667  
DSN: 731-2667

**Physical Address:**

940 Arnold Drive  
Little Rock AFB, AR 72099

**E-mail:**

Jeffrey.wilson.48@us.af.mil

[www.facebook.com/LittleRockMFRC](http://www.facebook.com/LittleRockMFRC)